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## FACULTY APPOINTMENTS & TEACHING EXPERIENCE

Clinical Associate Professor Dept. of Psychiatry College of Medicine, Central Michigan University, East Campus, Saginaw, MI

#### **CLINICAL AFFILIATIONS**

Clinical Associate Professor College of Human Medicine, Michigan State University, East Lansing, MI

Clinical Associate Professor College of Osteopathic Medicine Michigan State University East Lansing, MI

Clinical Instructor University of Des Moines, College of Osteopathic Medicine Des Moines, IA

# PROFESSIONAL EXPERIENCE:

Medical Director

Jafferany Psychiatric Services, and JPS Psychological Services, 3215 Hallmark Court, Saginaw, MI (August 2011 – Present)

Staff Psychiatrist,

Tuscola Behavioral Health Systems, Caro, MI (July 2008 – October, 2013)

Assistant Director, Psychiatry Department, Synergy Medical Education Alliance, Saginaw, MI (April 2009 - September 2010)

Research Associate,

Burlingame Center for Psychiatric Research and Education, Institute of Living, Hartford Hospital, Hartford, CT 06106 (November 2001 - April 2003)

Research Assistant,

Sandoz Pharma, (August 1988-March 1990)

Attending Physician/Staff Dermatologist/Consultant Dermatologist,

King Abdul Aziz Hospital & Ajyad General Hospital, Makkah, Saudi Arabia. (*March 1990-October 2001*)

### **HOSPITAL AFFILIATIONS & PRIVILEGES**

St. Mary's of Michigan. Saginaw, MI
Covenant Healthcare Saginaw, MI
Select Specialty Hospital, Saginaw, MI
HealthSource/WhitePines Mental Health Unit Saginaw, MI

#### **CERTIFICATIONS**

Board Certified, Adult Psychiatry, American Board of Psychiatry & Neurology Board Eligible, Child & Adolescent Psychiatry, American Board of Psychiatry & Neurology Board Certification, Dermatology, College of Physicians and Surgeons Pakistan

## **EDUCATION**

July 2006 to June 2008

**Fellow,** Division of Child & Adolescent Psychiatry, University of Washington School of Medicine, Seattle Children's Hospital, Seattle, Washington 98105

July 2004 to June 2006

**Resident,** Dept. of Psychiatry, Hennepin County Medical Center, Minneapolis, Minnesota 55415

June 2003 - June 2004

Internship, Hennepin County Medical Center, Minneapolis, Minnesota 55415

July 1987-July 1988

**Chief Resident, (Dermatology)** Jinnah Postgraduate Medical Center, Karachi, Pakistan . Administrative and Teaching responsibilities to residents and postgraduate trainees in dermatology.

July 1985 – June 1987

**Resident Physician (Dermatology)**; Jinnah Postgraduate Medical Center, (J.PM.C) Karachi, Pakistan.

Studied advanced dermatological procedures, in-patient care and outpatient clinic.

July 1984 – June 1985

**Internship**, Emergency Medicine and Dermatology Jinnah Postgraduate Medical Center, Karachi, Pakistan

### AWARDS / HONORS

- Recipient of the 2007 Travel Grant of European Academy of Dermatology & Venereology and European Society of Dermatology and Psychiatry, to attend the Training Workshop on Psychodermatology in Brussels, Belgium.
- 2. Recipient of 2007 Educational Outreach Program Travel Grant of American Academy of Child & Adolescent Psychiatry.
- Outstanding Child & Adolescent Psychiatry Resident Award 2007, by American Academy of Child & Adolescent Psychiatry, presented at the 54<sup>th</sup> Annual Meeting of American Academy of Child & Adolescent Psychiatry, in Boston, MA
- 4. Resident/Fellow Representative from University of Washington, to American Academy of Child & Adolescent Psychiatry.
- 5. Resident/Fellow Representative, Executive Council, Washington State Council of Child & Adolescent Psychiatry.

#### **PUBLICATIONS**

- 1. **Jafferany, M**. & Haroon, T.S. Cutaneous Manifestations of AIDS (Editorial) J Pak Med Assoc. 1987 37:278
- 2. **Jafferany, M**., Farid, M. & Haroon, T.S. Study of Fixed Drug Eruptions in Karachi. J Pak Med Assoc. 1987 37:175-177

- 3. **Jafferany, M.** & Haroon, T.S. Tinidazole-induced Fixed Drug Eruption (Letter) Int J Derm 1988 25:227
- 4. Jafferany, M. Skin Complications of Cancer Treatment (Review) Specialist 1988 4:111
- 5. **Jafferany, M.** & Haroon, T.S. Tinidazole-induced Fixed Drug Eruption (Case Report) J Pak Med Assoc. 1987 37:136
- 6. **Jafferany, M.** Skin Markers of Internal Malignancy (Review) Specialist 1988 4:73
- 7. **Jafferany, M** & Haroon,T.S. Fixed drug eruption with Lormetazepam (Case Report) Dermatologica 1988 177:386
- 8. **Jafferany, M** & Haroon, T.S. Cutaneous Leishmaniasis in Pakistan (Review) Biomedica 1992 8:39
- 9. **Jafferany, M.** Nighat R. Cutaneous Leishmaniasis in Pakistan. Int J Dermatol 2001, 40(2): 159.
- 10. **Jafferany, M.** Psychodermatology: A guide to understanding common Psychocutaneous disorders. Primary care Companion to Journal of Clinical Psychiatry, 2007; 9 (3):203-13.
- 11. **Jafferany, M**, Lowry, J. Olanzapine-associated Creatine Kinase elevation in a 16 year old boy with heat stroke. Primary care Companion to Journal of Clinical Psychiatry, 2008; 10(3): 250-52.
- 12. **Jafferany, M.** Psoriasis and Lithium: What primary care providers and family physicians should know? Prim care Companion to Journal of Clinical Psychiatry 2008; 10(6):435-39
- 13. **Jafferany, M.** Lithium and Skin: Dermatological manifestations of lithium therapy. Int J Dermatol. 2008; 47(11):1101-11
- 14. **Jafferany, M,** Feng J, Hornung, RL. Trichodaganomania: A compulsive habit of biting one's own hair. J Am Acad Dermatol 2009; 60(4):689-91
- 15. Jafferany, M, Vander Stoep, A, Dumitrescu, A, Hornung, RL. Psychocutaneous disorders: A survey study of Psychiatrists' awareness and treatment patterns. South Med J 2010; 103(12):1199-1203

- 16. **Jafferany, M,** Vander Stoep, A, Dumitrescu, A, Hornung, RL. The knowledge, awareness and practice patterns of dermatologists towards Psychodermatology: Results of a survey study. Int J Dermatol 2010; 49:784-789
- 17. **Jafferany, M,** Shireen F, Ibrahim A. An open label trial of Topiramate in the treatment of skin picking in pervasive developmental disorder NOS. Prim Care Companion J Clin Psychiatry 2010;12(2):e1-e2
- 18. **Jafferany, M,** Shireen F, Ibrahim A. Lamotrigine-induced vaginitis and dysuria in an adult woman with bipolar depression. Prim Care Companion J Clin Psychiatry 2010;12(3):e1
- 19. **Jafferany, M**, Auto-erythrocyte sensitization syndrome (Gardener-Diamond syndrome) in a 15 year old adolescent girl: a case report and review of the literature. Int J Dermatol 2013; 52(10):1284-5
- 20. **Jafferany, M**, Silverman MA. Asenapine-induced suicidal ideation: a report of two cases. J Clin Psychoppharm 2011; 3(14):534-35
- 21. **Jafferany, M**, Trung, V Huynh, Silverman, MA, Zaidi Z. Geriatric dermatoses: A clinical review of skin diseases in aging population. Int J Dermatol 2012; 5(15):509-22
- 22. Muffadel A, Osman O, Almugaddam, F, **Jafferany, M.** Body dysmorphic disorder: A brief review and presentation in different clinical settings. Primary Care Companion to CNS disorders. 2013; 15(4):1464
- **23. Jafferany, M,** Bhattacharya G. Psychogenic purpura (Gardner Diamond Syndrome). Primary Care Companion to CNS disorders. 2015; 17(1): doi: 10.4088/PCC.14br01697
- 24. Ocek, T, Kani, AS, Baş, A, Yalcin, M, Turan, S, Emul, M, **Jafferany, M**. Psychodermatology: Knowledge, awareness, practicing patterns and attitudes of dermatologists in Turkey. Prim Care Companion CNS Disord, 2015; 17(2): doi:10.4088/PCC.14m01628.
- 25. Khawaja, AR, Bokhari SMA, Rasheed, T, Shahzad A, Hanif M, Qadeer, F, **Jafferany, M.** Disease Severity, quality of life and psychiatric morbidity in patients with psoriasis with reference to sociodemographic, lifestyle and clinical variables: A prospective, cross-sectional study from Lahore Pakistan. Prim Care Companion CNS Disord, 2015; 17(3): doi:10.4088/PCC.14m01629.
- 26. **Jafferany, M** & Osuagwu, F. Topiramate in skin picking. (Accepted for publication in Pr. Care Comp. J Clin Psych.)

- 27. **Jafferany, M**, Franca Katlein. Psychodermatology: Basic aspects. Acta Dermatol Venereol, 2016 Suppl. 217:35-37
- 28. **Jafferany, M.** Clinical correlates and comorbidity associated with body dysmorphic disorder in in-patient adolescent psychiatric patients. (Under Review)

## **AUTHORSHIP/EDITORSHIP OF BOOKS**

- Co-Editor, Pediatric Psychodermatology: A clinical manual of child and adolescent psychocutaneous disorders. (DeGryter, Germany) 2012
- Co-Editor, Geriatric Psychodermatology: Psychocutaneous disorders in the elderly (Nova Science Publishers) 2014
- Chapter Writer, Skin and Psychiatry. In Manual of Dermatology (Jaypee Brothers Medical Publishers) 2nd edition, July 2015
- Chapter Writer, Body dysmorphic diagnosis. In Beauty and Body
   Dysmorphic Disorder: A Clinician's Guide. (Springer) 2015
- Chapter Writer, *Psychogenic Purpura*, in Alternative Medicine Research
   Yearbook 2014 (Nova Science Publisher NY)
- 6. Co-Editor, **Stress and Skin disorders** (Springer Publishers). 2016
- Chapter Writer, *Psychocutaneous disorders*, in Kaplan & Sadok's
   Comprehensive Textbook of Psychiatry, 10<sup>th</sup> edition. (due in Spring 2017)
- Co-Editor, Trichotillomania (Hair Pulling Disorder): Clinical Characteristics,
   Psychological Interventions and Emotional Effects. (Nov Science Publishers 2017)

## **PROFESSIONAL ASSOCIATIONS**

- Member, American Psychiatric Association
- Member, American Academy of Child & Adolescent Psychiatry
- Member Associate, European Society of Dermatology and Psychiatry
- Member, Association of Psychocutaneous Medicine of North America
- Member, Association of Medicine and Psychiatry
- Member, Southern Medical Association
- Member, Michigan State Psychiatric Society
- Member, Michigan State Medical Society
- Member, Saginaw County Medical Society